

The Nest



‘A safe haven to return to and fly from’

The Nest is a secure base inclusion provision that focusses on relationships, attachment, being alongside children, emotional safety, empowerment, building resilience and self-confidence. It is a nurture room within the school run by the Inclusion Team, and its impact reaches far and wide throughout the school community. The focus is on improving children's school outcomes by supporting their emotional wellbeing, barriers to learning and mental health through a wide range of support packages, interventions and mentoring programmes. Our Inclusion Team see behaviour as communication, and are well-trained in thinking holistically about each child and identifying and implementing the support they need at school in order to thrive. In addition to *The Nest*, we have set up a secondary room on the top-corridor of the school called *The Canopy*. This is a small intervention space that our Inclusion Teaching Assistant uses to deliver interventions but also to help support any child on this floor who may be finding school tricky.

Examples of the support and interventions offered to children and families:

- ★ Meet and Greets
- ★ Toast Club
- ★ Check-ins
- ★ 1-1 individual mentoring sessions: working on individualised targets
- ★ Small group sessions: such as, Team Build, social communication, self-esteem work, friendship groups, cooking groups, Mindfulness sessions.
- ★ Nurture Sessions
- ★ Relational play sessions
- ★ Safe Space provision at break times and lunch times.
- ★ Playground support
- ★ In-class support
- ★ Peer conflict resolution (using Restorative Approaches)
- ★ Life skills work
- ★ Transition support
- ★ Parents/Carers/Guardians support
- ★ Family support
- ★ *Just Right* profiling
- ★ Attendance monitoring
- ★ Supporting families going through financial difficulties
- ★ Working closely with Teachers and support staff to provide wraparound care.
- ★ *The Nest* has an open-door policy where children can drop in and see an Inclusion Mentor if they are anxious, worried or dysregulated.
- ★ *Liaison with external professionals and services to meet the needs of the child.*

Meet the Inclusion Team



Carla Kemp, SENCo

Carla is a qualified special educational needs and disabilities coordinator across the whole school and ensures that the SEND code of Practice (2015) is fully integrated across all aspects of school. This means that for any children who have any additional needs, she ensures that they receive the support needed to meet their needs as much as possible whilst at school. She is also a fully qualified and experienced teacher, who has taught across both key stages.

Some of her day-to-day jobs include:

- ✓ Overseeing all in-school provision to manage children with SEND
- ✓ Statutory responsibilities as a school (all required paperwork, policies, governor's reports etc),
- ✓ Strategic whole-school overview of needs, provision, intervention(s) and resources,
- ✓ Upskilling staff and providing required training,
- ✓ Managing external specialists,
- ✓ Referrals to outside agencies (including Seaside View and CAMHs),
- ✓ Representing SEND at staff meetings
- ✓ Plus many more!

Sam Barfoot, Inclusion Mentor

Sam is the Attachment Lead in the school and she is passionate about empowering children's voices having worked with children with complex needs for many years, she is Just Right trained and has a therapeutic training background and so supports children using these skills and experience. Sam is based in 'The Nest'.





Sadie Mockford, Inclusion Teaching Assistant

Sadie is our communication champion in the school and works with children from Reception up to Year 6 delivering key individual and group interventions. She also insists in class where needed as well as helping children to have happy play and lunch times. Sadie is based in 'The Canopy' on the top-corridor at school but is also often found helping out in The Nest too!

Please contact the Inclusion Team on:

inclusionteam@elmgrove.brighton-hove.sch.uk

We look forwards to hearing from you!