



# Newsletter

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Next INSET Day –  
Monday 6<sup>th</sup> June



Many of you will have been following events in Ukraine and the distressing news that there has been a Russian military invasion. It is difficult at this stage to predict exactly what may or may not unfold over the coming period and how this may impact on the UK and our communities across city. Some of us, including children and young people in our communities are likely to be experiencing a range of emotions including fear, worry and concern as a result.

Things like gratitude practices, opportunities to be in nature, building connections and doing kind things for others are all evidenced to build wellbeing. This does not mean however that we cannot also model and teach that sometimes life is hard and difficult and that it is OK to have difficult feelings. We can model that we can get through these hard times together and that it is OK to ask for help if we are feeling down.

Here are some useful links:

**BBC Newsround report on the situation (a more up to date version may be available)**

[Russia launches attack on Ukraine - CBBC Newsround](#)

**Dealing with the news**

[Advice if you're upset by the news - CBBC Newsround](#)

[NewsWise for families | | The Guardian](#)

[Support with your mental health and wellbeing \(brighton-hove.gov.uk\)](#)

**PTA NEWS** -The PTA have lots of exciting events coming up, so please put the dates in your diaries:  
**Spring Fair**- we're very pleased to announce that our Spring Fair will be held on Saturday 2nd April.

**PTA AGM**- Please join us on Thursday 10th March for our AGM. Find out what we've managed to raise (despite the pandemic!) and what we've got planned for the next year. This will be a great opportunity to see what the PTA do to fundraise for the school and to get involved. Perhaps you've got experience managing social media, advertising, events, copy writing, just fancy doing something worthwhile or meet new people - we'd love for you to get involved with the charity. It may be that you can help on a one off event, or something more regular, we're very grateful for everyone's time, no matter how much or little you can offer! The AGM will be held at 8pm at the school and we will be putting on wine and nibbles!

**Y6 Easter cake sale** - This will be held on the last day before the Easter holidays - Friday 8th April. More details to come, until then - Y6 get your baking caps on! On the same day we will be holding an **Easter Bonnet decorating competition** - watch this space!

**Chuckles for Charity Comedy Night** - We are so excited to announce our comedy night at Komedia on Monday 13th June! We have a SUPERB line up, hosted and organised by Elm Grove's very own Jen Brister. Jen will be joined by Zoe Lyons, Kerry Godliman, Angela Barnes, Joe Wilkinson, Michael Fabbri, Laura Lexx, Ingrid Dahle and Maureen Younger. Buy your tickets direct from Komedia at <https://www.komedia.co.uk/brighton/comedy/chuckles-for-charity-elm-grove-primary-school-fundraiser/>

**VIRTUAL SPORTS COMPETITION** - Just about every child in Years 1-6 has spent some of their recent PE lessons competing in a virtual sports competition against children from other schools across Sussex. They had a number of 'fitness' activities to perform, and their scores have now been submitted. Each class was also competing against the other class in the year group, and our winning classes were Y1 Birch, Y2 Baobab, Y3 Horse Chestnut, Y4 Cedar, Y5 Rowan and Y6 Oak. Very well done to all involved!

Elm Grove Primary School is committed to safeguarding and promoting the welfare of children and this commitment is reflected in all relevant policies and practice.

**ONLINE ANXIETY COURSES TO SUPPORT PARENTS & CARERS** - Growing numbers of children are experiencing anxiety and need help to build self-esteem. It can be hard for parents/carers to know how to respond and provide effective support.

The Adult Education Hub is continuing its successful online courses: *Supporting a Young Person with Anxiety*, and *Building a Young Person's Resilience*. Both courses offer parents practical strategies to reduce anxious thinking and help build a child's self-esteem. Sessions are run separately for parents of primary and secondary-age children.

Here is what some parents have said:

- "Listened to our concerns and gave us some great advice and tools."
- "Gave practical tips as well as reassurance. I feel I'm better able to support my child with their anxiety."

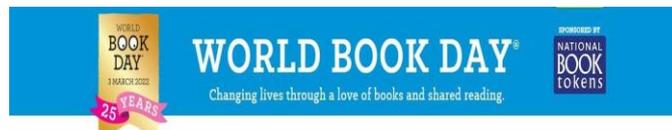
Courses [2 x 90 minute online sessions] are free to parents on a low income/means tested benefits. Otherwise, there is a fee of £15.

For dates, times and bookings visit our website: <https://adulthoodeducation.brighton-hove.gov.uk/course-category/children-family-wellbeing/> or email [AEH@brighton-hove.gov.uk](mailto:AEH@brighton-hove.gov.uk)



**PARENTS EVENING INFO** - Due to continuing COVID rates we have decided it will be safer to hold our Spring term parents evening on MS Teams again. Meetings will take place on Tuesday March 15<sup>th</sup>, Wednesday 16<sup>th</sup> and Wednesday 23<sup>rd</sup>. Slots are now available to book via School Ping.

Please contact the school office if you wish to make an appointment with Mrs Kemp, SENDCO, or Ms Willard ([admin@elmgrove.brighton-hove.sch.uk](mailto:admin@elmgrove.brighton-hove.sch.uk)). A plan for parents and carers to get a chance to see their children's work will be shared soon.



**WORLD BOOK DAY** - In 2022, we are celebrating the 25th anniversary of World Book Day (WBD) – with the message for all children **'you are a reader'**!

The mission of WBD is to promote reading for pleasure, offering every child and young person the opportunity to have a book of their own through the £1 book token scheme.

<https://www.waterstones.com/world-book-day>

On **Friday 4th March** pupils are invited to dress up as their favourite book character, and there will be a small prize for the most inventive costume in each year group!

**VIDEO BOOKS & ACTIVITIES:** Take ten minutes to share stories with your children.

<https://www.worldbookday.com/share-a-story-corner/>

**COMPETITIONS:** Get involved with the WBD competitions with a chance to win a wide range of prizes from a Zoom calls with authors and free book packs for our school.

<https://www.worldbookday.com/competitions/>

**10 MINUTE STORY SHARES:** Explore a 'pick and mix' of book readings to help you find new ways to love reading and new stories to share.

<https://www.worldbookday.com/10-minute-story-shares/>



**B&H SCHOOLS BATON RELAY** - As it is the Platinum Jubilee and also the Commonwealth Games, B&H schools are organising their very own Queen's Baton Relay.

The collective journey of the official baton hopes to ignite hope, solidarity and collaboration, as it connects communities embraces unique cultures and shares inspirational stories. Each school will create its own message to add to the baton (more details to follow).

Elm Grove will receive the baton from St Martin's School on Thursday 17<sup>th</sup> March, and pass it on to St Luke's School on Friday 18<sup>th</sup> March.

<https://www.birmingham2022.com/queens-baton-relay/baton>

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# Homework

The next homework grids will be published on:  
**Friday 4th March**  
**Friday 18<sup>th</sup> March**  
**Friday 1<sup>st</sup> April**

The homework grids will be uploaded onto the homework page of the school website: [Homework – Elm Grove Primary School, Brighton](#)

Visit our new Inclusion/SEND page on the website: [Inclusion at Elm Grove – Elm Grove Primary School, Brighton](#)



## RETURN OF THE CHILDREN'S PARADE -

5000 of Brighton and Hove's school children, along with their teachers and Same Sky will fill the city with a sea of colour and creativity for the opening of Brighton Festival 2022 on Saturday May 7th. This year's theme is Rebuilding and Hope, celebrating the strength and resilience of our communities, and what we can achieve when we listen and work together.

Please look out for the sign up letter being sent out soon if your child wishes to participate in this year's parade.

'Big Make' workshops are being held in the main school hall on the following dates:

Sat & Sun 26th/27<sup>th</sup> March

Sat & Sun 23rd/24<sup>th</sup> April

Sat & Sun 30<sup>th</sup> April/1<sup>st</sup> May

More info will follow shortly if you are interested in getting involved.

We need lots of egg boxes for the big make – please send any donations to the school office. Thank you!



## GOLDEN BOOK MERITS



<b>Beech</b>	Joshua B, Raven & Jago
<b>Birch</b>	Whole Class
<b>Baobab</b>	Alice, Evie M & Reuben
<b>Bonsai</b>	Nina, Raya & Oliver
<b>Holly</b>	Maja, Maia & Minnie
<b>Horse Chestnut</b>	Eliza, Teddy, Akseli & Noah
<b>Cedar</b>	Elka, Leo & Iscah
<b>Cypress</b>	Kasper, Sam C & Erin
<b>Redwood</b>	Verity, Guney & Summer
<b>Rowan</b>	Florence, Evie & Georgia
<b>Elder</b>	Callie, Edmund & Kitty
<b>Oak</b>	Isaac, Alethia & Foye

**REMINDER**– we have several children in school with nut allergies that are also airborne. Please do not send any foods /packed lunches which contain nuts into school.



**Just One Tree** update: As a result of our fundraising, Elm Grove Primary School's forest currently stands at a fantastic 762 trees planted in areas of deforestation around the world.! We'll help our forest grow in size even more by joining in Just One Tree again in the 2022/23 academic year

An Elm Grove quote is also being used to promote the project: *"JUST ONE Tree Day is a great way for children to do something positive and practical to make a difference"*, Elm Grove School, Brighton, SE England.

[JUST ONE Tree - £1 plants 1 Tree. Combat Climate Change through reforestation.](#)

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## DIARY DATES

Date	Event
Tuesday 1 <sup>st</sup> March	Pancake Day Y6 Secondary School allocations
Thursday 3 <sup>rd</sup> March	World book day/PTA book swap
Friday 4 <sup>th</sup> March	World Book Day dress up day/ Waterstone book sale
Thursday 10 <sup>th</sup> March	PTA AGM
15 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup> March	Parents Evening
Thursday 17 <sup>th</sup> & Friday 18 <sup>th</sup> March	B&H Schools Baton Relay at Elm Grove
Friday 18 <sup>th</sup> March	Let's Dance
Saturday 2 <sup>nd</sup> April	PTA Spring Fair
Friday 8 <sup>th</sup> April	-End of Spring Term - Non uniform day Y6 -Easter cake sale & Easter bonnet competition
Monday 25 <sup>th</sup> April	Children return to school
Saturday 7 <sup>th</sup> May	Children's Parade
Monday 13 <sup>th</sup> June	PTA Chuckles for comedy

**NEWSLETTER - Large print copies are available at the office**



Head teacher

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