



## Sept 2020 Covid-19 Outbreak Plan for Parents/Carers

### **SUSPECTED case in child or household member**

If the child or a member of their household is at all ill and has Covid-19 symptoms, you can call NHS 111 to discuss. Please stay home and ring school to inform them immediately 01273 708004

If the child is at school and develops symptoms – we will isolate the child and contact home and ask for the child (and any siblings) to be collected immediately.

The child / household member must get tested **immediately**: parents/carers need to access this online (either book at a test centre or order a home test kit)

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

Call NHS 119 if you cannot access this online.

**Please immediately notify School of the test result.**

Whilst waiting for the test result, child and household **all** need to self-isolate at home.

School will follow Public Health England (PHE) guidance on whether or when anyone else in school e.g. class bubble / double bubble need to self-isolate as well.

**If the test result is negative see orange box below** ↓

**If the test result is positive see page 2** ➡

**Case can return to school once well enough.  
Household (including any siblings) can stop self-isolating  
and carry on as normal.**

#### School Actions:

- The name of the child / household member will be kept confidential, other than being shared in line with Government requirements.
- School will contact PHE team to notify them of each suspected or confirmed case so they can support school risk assessment and follow up.
- School will clean and disinfect rooms the suspected case was using.

## **CONFIRMED case(s) with child or a member of their household**

Ensure child / household member who has tested positive for Covid-19 isolates at home for a minimum of 10 days (day of onset + 9 days).

The rest of the household (including siblings) need to isolate for 14 days.

School will contact Public Health England (PHE) who will undertake a school assessment to determine who, if anyone, in the school needs to self-isolate at home for 14 days (eg Class Bubble / Double bubble). School will continue to liaise with NHS Test and Trace.

If PHE recommends that a group/s need to self-isolate, school will immediately inform families via School Ping and follow up with phone calls.

Any other child or household member who later develop symptoms must get tested immediately: access online for a test (either book at a test centre or order a home test). Call 119 if you cannot access this online.

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

**Please immediately notify School of the test result. The household must continue to self-isolate until the test result has been received.**

It is essential that families inform school if their child / household member's health situation worsens and / or they are admitted to hospital.

Schools are required to regularly update PHE on current cases.

The name of the child / household member will continue to be kept confidential other sharing in line with Government requirements.

**Once the isolation period is completed, individual cases can return to school, if well enough.  
Household members can return to normal once their isolation period is complete.**

## What to do if Your child has been instructed to self-isolate for 14 days as someone from their Bubble in school has tested positive for Covid-19

Household members of the person (child or staff member) sent home to self-isolate do not need to self-isolate themselves, **unless** the child / staff member who is self-isolating then develops Covid-19 symptoms.

If the person who is self-isolating develops symptoms within the 14 day self-isolation period, they should follow the guidance for a suspected case:

The person must get tested **immediately**: you can access this online (either book at a test centre or order a home test kit)

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

Or Call 119 if you cannot access this online.

**Please immediately notify School of the test result.**

**If the Covid-19 test delivers a negative result, the person should still remain in self-isolation for the remainder of the 14 day period. *This is because they could still develop Covid-19 within the remaining days.***

**If the Covid-19 test result is positive,** please inform school immediately.

The person who has tested positive must remain in self-isolation for a minimum of 10 days from the onset of their symptoms (which could mean for longer than the original 14 days of self-isolation).

All members of their household must then self-isolate for 14 days, from the date when the person who has tested positive first developed Covid-19 symptoms.

If any of these household members then develop Covid-19 symptoms, please follow the actions from the top of this page.

