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HAT'S FOR LUNCH THIS AUTUMN/WINTER...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.caterlinkltd.co.uk
email: admin@caterlinkltd.co.uk
or call 01273 411330

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.
We hope your child enjoys our new menus.



www.caterlinkltd.co.uk

Please visit the website for current updates

FRESH
+
HEALTHY
=
TASTY



Universal infant Free School Meals

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

Free School Meals

Low Income
Are you missing out? to check if you are entitled to Free School Meal entitlement ask at your school office or call 01273 293497 for more information.

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Forms can be downloaded from www.brighton-hove.gov.uk/schoolmeals



Silver Autumn Menu 2020 2 + H

Monday

Tuesday

Wednesday

Thursday

Friday

Week One

02/11,
23/11,
14/12,
18/01,
08/02,
08/03,
29/03

Main

Cheese and Tomato
Pizza

Sausage Roll with
Homemade Jacket
Wedges

Roast Chicken with Roast
Potatoes & Gravy

Spaghetti Bolognese

MSC Fishfingers with Chips
and Homemade Tomato
Sauce

Halal

Halal Roast Chicken

Halal Spaghetti Bolognese

**Vegetarian
V - Vegan**

5 Bean Chilli with 50/50
Rice (V)

Veggie Mince Bolognese
(V)

Lentil and Vegetable Roast
with Roast Potatoes (V)

Veggie Sausages with
Mashed Potato and Gravy
(V)

Mexican Bean Roll with
Chips and Homemade
Tomato Sauce (V)

Vegetables

Peas & Carrots

Sweetcorn & Broccoli

Cabbage & Carrots

Sweetcorn & Green Beans

Baked Beans &/or Peas

Dessert

Chocolate & Beetroot
Cake

Wholemeal Peach
Crumble with Custard

Yoghurt & Fruit Station

Apple Flapjack

Vanilla Shortbread with
Fruity Friday

Week Two

09/11,
30/11,
04/01,
25/01,
22/02,
15/03

Main

Macaroni Cheese

Farm Assured Beef Burger
in a Bun with Jacket
Wedges

Roast Turkey with Roast
Potatoes & Gravy

Sweet & Sour Chicken with
50:50 Rice

MSC Breaded Fish with
Chips and Homemade
Tomato Sauce

Halal

Halal Beef Burger

Halal Roast Chicken

Halal Sweet and Sour
Chicken

**Vegetarian
V - Vegan**

Veggie Mince Shepherds
Pie (V)

Vegetable Pasta Bake

Quorn Fillet with Roast
Potatoes & Gravy

Cheese and Tomato Pizza

Veggie Sausage in a Roll
with Chips (V)

Vegetables

Peas & Carrots

Sweetcorn or Coleslaw

Carrots & Cabbage

Broccoli & Sweetcorn

Baked Beans &/or Peas

Dessert

Carrot & Courgette Cake

Apple Pie with Custard

Jelly with Ice Cream

Cinnamon Cookie

Chocolate Shortbread
with Fruity Friday

Week Three

16/11,
07/12,
11/01,
01/02,
01/03,
22/03

Main

Pork Sausages with
Mashed Potato & Gravy

Breast of Chicken served
with BBQ Sauce & 50:50
Rice

Roast Gammon or Chicken
with Roast Potatoes &
Gravy

Chicken & Vegetable
Gravy Pie with New
Potatoes

MSC Salmon Fishfingers
with Chips and
Homemade Tomato
Sauce

Halal

Halal Beef Burger with
Mashed Potato & Gravy

Halal Breast of Chicken

Halal Roast Chicken

Halal Chicken &
Vegetable Pie

**Vegetarian
V - Vegan**

Lentil & Sweet Potato
Curry with 50:50 Rice (V)

Macaroni Cheese

Creamy Vegetable Pie
with Roast Potatoes

Quorn Burger in a Bun with
Homemade Jacket
Wedges

Spanish Omelette with
Chips and Homemade
Tomato Sauce

Vegetables

Sliced Carrots & Peas

Red Cabbage Slaw &
Sweetcorn

Cauliflower & Carrots

Sweetcorn & Broccoli

Baked Beans &/or Peas

Dessert

Pinwheel Cookie

Jelly with Mandarins

Peaches and Ice Cream

Fairtrade Banana Loaf &
Custard

Oaty Cookie with
Fruity Friday

Available Daily:

- Yoghurt and Fresh Fruit available daily as an alternative to the advertised dessert.
- Bread freshly baked on site daily
- Daily salad selection

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